

The
SANDERLING
RESORT
Kitty Hawk Kites

SIGNATURE ACTIVITIES

Dune Hang-Gliding Lessons (year-round) Jockey's Ridge State Park

Kitty Hawk Kites has been teaching the world to fly since 1974! The Dune lesson emphasis is on learning the fundamentals and having fun. Here you will learn to launch, fly straight and level, and land. The lessons are conducted at Jockey's Ridge State Park and take about 3 hours. The soft sands and smooth winds that brought the Wright Brothers here can be experienced by your group. In your lesson, students fly solo, with an instructor close at hand, and can expect to fly five to fifteen feet off the ground while taking 5 flights off the dunes. Available year round. Minimum age is 4, maximum weight is 225 lbs. **All minors age 14-17 must have a parent on site to sign the waiver for this activity.**

2000 Ft Tandem Hang-Gliding Lessons (April-Sept) Cotton Gin, Jarvisburg

The emphasis is on altitude and excitement. Here you can get a bird's eye view of the coastline of Currituck Sound on the Outer Banks while you fly at altitude with an instructor in the glider with you. We offer flights that start at 2000 feet with 15 minutes of flight time to our Mile-High flight with 30 minutes of flight time! You and the instructor then glide down while practicing turns and other maneuvers. Available April to September. Minimum age is 14, maximum weight is 225 lbs. **All minors must have a parent on site to sign the waiver for this activity.**

Sand Board Rentals: (year-round) Jockey's Ridge State Park

Come shred on the sand! Our sand boards work like a sled. You can stand or sit. Find a tall dune and it's a straight shot down! We recommend a max of 4 to a board so everyone has a chance to have a good time. The boards do not work on wet sand. There are no discounts on this activity.

Kite Clinics: (year-round)

Kite Building Clinic: can be done at most locations Your group can learn the basics of flight and follow in the path of flight. Making and flying your own kite is a great hands-on activity to explain the tenants of flight and the history between kite building and the evolution of hang gliding. This is also a great team building activity as groups of 2-4 will work together to assemble, decorate and fly their kites. After building their own kites, your group will have an opportunity to fly their creations! **Wright Glider Experience Kite Clinic:** (additional \$16 per person) (year-round) Jockey's Ridge State Park Add an extra level to your kite clinic! After building your kites, we will head to Jockey's Ridge State Park! Join us for the story of how the Wright Brothers really learned how to fly! This 25-minute historical presentation features a static display of a flyable replica of one of the most pivotal aircraft in aviation history: the Wright's 1902 glider. Hear the story of their early research, how and why they chose Kitty Hawk, their progression from kites to gliders, and why the '02 the glider was so important to their ultimate success. You'll also learn the colorful story of the replica itself. The presentation will conclude with an opportunity for participants to walk around this iconic aircraft for a one-of-a-kind photo opportunity. Participants will then head to the dunes to fly their kite creations!

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Stunt Kite Lesson: (year-round) Jockey's Ridge State Park

A typical Beginner Kite Flying Lesson will last between 1.5-2 hours, depending on the amount of students. The class starts with check in at Kitty Hawk Kites in Nags Head, directly across the highway from the dunes. There, you will learn about wind, safety and flying conditions. After assessing the flying conditions with your instructor, they will lead you out onto Jockey's Ridge State Park. Together you will determine the best location to fly. Next, your instructor will take you across the highway and up onto the Jockey's Ridge dunes. The walk is about 100 yards from the store to our flying spot on the front dune. Now it is time to learn how to assemble and handle a 2-line stunt kite. Once the instructor gives you a demonstration of how to fly the kite, you will begin flying on your own. You will be taught how to steer the kite on your own, learning to launch the kite, keep it in motion and away from the ground, make the kite dive and loop to create beautiful patterns with a long tail attached to the kite, and finally how to land the kite without crashing!

Kayak Tours: (year-round) Kitty Hawk Kayak & Surf School, 6150 North Croatan Hwy, Kitty Hawk

Kayak along the peaceful salt marshes of Kitty Hawk Bay, and under canopies of live oaks in a maritime forest. We teach you the basics of paddling, then guide you along one of our many tours routes at a leisurely pace. You will have a chance to glimpse wildlife from ospreys, herons, egrets, ibis, pelicans, rails, skimmers, to turtles and snakes. Group size is limited to 25 per tour max. Can do 4 tours each day. Participants under the age of 12 must be on a tandem kayak with an adult

Wild Horse Tours: (April – December) Corolla

Your personal guide will take you into the habitat preserved as a sanctuary for the wild horses of Corolla and on to another private preserve. The horses roam freely and are also sighted running along the beach and playing in the surf. What a sight it is! The breathtaking scenery and ocean breezes, with eclectic history and folklore added to the mix, will create lasting memories for all. Along the way an ancient maritime forest at Wash Woods provokes much curiosity rising from the sand and extending out into the ocean as a testament to earlier environmental changes. Each group is led by an experienced guide who is both knowledgeable and informative about the area and its history. Unscheduled appearances of wildlife and other photo opportunities can and do appear unexpectedly, creating lasting impressions and unforgettable memories. This Outer Banks wild horse tour is 2 hours long and about 20 miles round trip. You will be guided and driven in a custom 10 passenger four-wheel drive vehicle. Your guide will take you into the Wild Horse Conservation Easement and other areas accessible only by us. Minimum age is 5 years old. Available seasonally

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Dolphin Watch Tour with the Outer Banks Dolphin Research Center: (May-Oct) Nags Head/Manteo

Join us on a unique eco-tour to search for wild Atlantic bottlenose dolphins. Also, view the wildlife of the Outer Banks! Biologists run these dolphin tours as part of their research on these beloved aquatic animals. So you know this will be an interesting trip. Passengers will be able to see how researchers with the Outer Banks Center for Dolphin Research, a nonprofit organization, conduct their research. And hear about some of the discoveries from more than a decade of studies and monitoring. Conducted on 40-foot covered pontoon boats in the Roanoke Sound, the trip takes around 2 hours. Along the way, researchers will talk about their work and share their discoveries from their ongoing study. While the boat is moving, dolphins will be playing in their natural habitat alongside the vessel. Passengers will also learn about the pelicans, osprey and other birds that congregate in the sounds, as well as the ecology and history of this dynamic area. The Outer Banks is an ideal place to take a dolphin boat trip to learn more about these miraculous creatures. These excursions will get you close enough to safely connect with these incredible animals and to experience them in the wild, in a world where humans are visitors and the bottlenose dolphin is happily at home. Available seasonally.

Walking Ghost Tours: (year around) Manteo

OBX Ghost Tours is something your group will be talking about the rest of the year! You'll be entertained as a guide leads you through downtown Manteo by lantern telling the history and spooky stories that make the Outer Banks one of the most haunted beaches in America! Whether you believe or not, you'll enjoy your time at OBX Ghost Tours. Book now for the time of your afterlife!

Surfing Lessons: (April-Oct) Corolla, Kitty Hawk, Nags Head, Rodanthe

Learn the fundamentals of surfing in our beginner surf lessons! We discuss the importance of ocean safety, how to identify rip currents and how to read ocean conditions. We warm up with some surf specific stretches, and then we practice standing up on the board on the beach before we get in the water. After that it's into the ocean to learn how to paddle properly and catch your first wave! There is over an hour of hands on practice in the water. Surfboard and leash are provided. These classes are taught at no more than 1 instructor per 5 students. Available seasonally.

1902 Wright Glider Historical Presentation: (year-round) Jockey's Ridge State Park

Join us for the story of how the Wright Brothers really learned how to fly! This 25-minute historical presentation features a static display of a flyable replica of one of the most pivotal aircraft in aviation history: the Wright's 1902 glider. Hear the story of their early research, how and why they chose Kitty Hawk, their progression from kites to gliders, and why the '02 the glider was so important to their ultimate success. You'll also learn the colorful story of the replica itself. The presentation will conclude with an opportunity for participants to climb into the cockpit and actuate the controls of this iconic aircraft for a one-of-a-kind photo opportunity. This presentation is weather dependent. In the event of inclement weather, participants may reschedule or be refunded at their discretion.

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Vineyard Voyage Cruise: (May – Oct) Duck

This is not your normal winery tour! Take a memorable six-mile trip across Currituck Sound to Sanctuary Vineyards in Jarvisburg, NC. After you arrive at the dock, you'll travel by an open-air safari vehicle along the winding dirt road that leads up to Sanctuary Vineyards. At the winery, a sommelier will discuss the unique terroir of this region as you taste and sample between 10-12 of the award-winning North Carolina wine. Available seasonally.

Walking Nature/History Tours: (year round) Duck, Corolla, Manteo

Duck Village Boardwalk:

Come with us to walk the boardwalk and learn the history of the only town in the Outer Banks whose name actually makes sense! Duck has an intriguing history ranging from local families and entrepreneurs to participation in wartime training and lifesaving! You will also learn about the various maritime habitats and the animals who make their homes in the barrier islands.

Corolla Village:

Join us as we stroll around the quaint little town of Corolla. We will learn how the Twiddy family saved and restored many of the structures we will be seeing. Learn the history behind the Currituck lighthouse and the keepers who lived there. How did Corolla end up with a wild horse herd and who manages it? Did you know Corolla has a one-room schoolhouse that is an active school? Learn all kinds of tidbits like these as we walk the village lanes.

Donal C. O'Brien, Jr. Sanctuary Nature Trail Walk:

Step off the beaten path into 2,600 acres of protected marsh, forest, and shoreline. Managed by the National Audubon Society, this sanctuary is a vital stop for migratory birds along the Atlantic Flyway. Guests will learn about native wildlife, plant species, and conservation efforts while exploring the peaceful nature trail.

Happy 250th Birthday America!

Take a wander through Dare County's early history! Starting with the mystery of the Lost Colony we move forward through time. Discover the history of pirates, learn about Alexander Hamilton's link to the Outer Banks, and how Roanoke Island was home to a Freedman's colony. Wander the quaint streets of Manteo with your guide on this tour in honor of the 250th birthday of America!